

Is  **Anger**
or  **Sadness**

causing difficulties for you
at work or at home?

We can help you or someone you care
about with anger and sadness challenges -
we can help to find a better way to cope.

Our services are free and confidential.

Call us today at (877)273-5886 to learn
more.

NuHealth  **EAP**
Employee Assistance Program

we're here to help

Is  **Anger**
or  **Sadness**

causing difficulties for you
at work or at home?

We can help you or someone you care
about with anger and sadness challenges -
we can help to find a better way to cope.

Our services are free and confidential.

Call us today at (877)273-5886 to learn
more.

NuHealth  **EAP**
Employee Assistance Program

we're here to help

Is  **Anger**
or  **Sadness**

causing difficulties for you
at work or at home?

We can help you or someone you care
about with anger and sadness challenges -
we can help to find a better way to cope.

Our services are free and confidential.

Call us today at (877)273-5886 to learn
more.

NuHealth  **EAP**
Employee Assistance Program

we're here to help